

*Luvottica*<sup>TM</sup>

Be Alive, Be Healthy



# YOGA & MEDITATION PRODUCTS

[www.luvottica.in](http://www.luvottica.in)

# ABOUT LUVOTTICA

Luvottica extends its heartfelt gratitude to you for choosing us as your preferred shopping destination. We genuinely hope that our products meet and exceed your expectations, providing you with utmost satisfaction and significant benefits.

Our unwavering commitment is to offer you the finest premium-quality products at the most competitive prices available. Our dedicated team works tirelessly to cater to your shopping needs, ensuring you receive the best possible yoga experience.

Luvottica assures you of exceptional durability, unique designs, and unparalleled convenience in all our products. Our extensive range covers everything from meditation enhancements to essential yoga accessories, all exclusively tailored to your diverse needs.

So, continue your shopping journey with us, and we promise to deliver top-notch services within your preferred budget range and aligned with your interests. Your satisfaction remains our highest priority.

Thank You

# LUVOTTICA STORY

In the world of yoga, finding the perfect balance between comfort, style, and quality is essential. That's where Luvottica comes in. As a brand dedicated to yoga products, Luvottica has become synonymous with excellence and innovation in the yoga community.

## Our Journey:

Luvottica was born out of a deep passion for yoga and a desire to provide yogis with the tools they need to thrive in their practice. With years of experience and a commitment to holistic well-being, we set out to create a brand that understands the unique needs of yoga enthusiasts.

## The Luvottica Difference:

At Luvottica, we believe that yoga is not just an exercise; it's a lifestyle. Our products are carefully designed and curated to support your yoga journey at every step:

- 1. Premium Quality:** We take pride in offering yoga products that are crafted to the highest standards. From our eco-friendly yoga mats to our stylish yoga apparel, quality is at the core of everything we do.
- 2. Eco-Consciousness:** We are dedicated to preserving the environment. Many of our products are made from sustainable materials, reflecting our commitment to a greener planet.
- 3. Affordability:** We believe that everyone should have access to premium yoga products without breaking the bank. Luvottica offers competitive prices to make quality yoga accessible to all.
- 4. Customer-Centric Approach:** Your satisfaction is our top priority. Our responsive customer service team is always ready to assist you and ensure your shopping experience is seamless.

## Our Products:

- **Yoga Mats:** Our non-slip, cushioned mats provide the perfect foundation for your practice.
- **Yoga Accessories:** Explore our range of accessories designed to enhance your poses and improve your alignment.
- **Yoga Apparel:** Look and feel your best with our comfortable and stylish yoga wear.
- **Meditation Essentials:** Create a serene meditation space with our meditation cushions and accessories.
- **Aromatherapy:** Elevate your practice with our premium aromatherapy products, designed to soothe your senses.

## Join the Luvottica Community:

Luvottica is more than just a brand; it's a community of like-minded individuals who share a passion for yoga and holistic well-being. When you choose Luvottica, you become part of a supportive network of yogis on a shared journey towards self-discovery and inner peace. Experience the Luvottica difference today and elevate your yoga practice to new heights.



## CORK YOGA MATS

This yoga mat has been created using anti-bacterial rubberized cork material. The natural material is a sustainable resource that can be easily recycled and hence is non-hazardous to the environment. More importantly, it also provides the required comfort and cushioning that one requires while practicing yoga. The anti-slip material will help one practice yoga in a safe manner.

### FEATURES

- **Non-Slip**  
Doesn't Slide On The Floor
- **NATURALLY**  
Antimicrobial
- **ECO-FRIENDLY**  
Doesn't Slide On The Floor

### BENEFITS

- **Providing Enough Padding**  
To Feel Comfortable During The Practice
- **Improves Balance**  
During Exercise
- **Prevent**  
Doesn't You From Injury t Slide On The Floor



**Cork is a completely natural, recurring, and easily renewable material**



## YOGA MATS

Luvottica Yoga mats are made using finest grade basic material in compliance with the latest market trends. Luvottica yoga mat is great for all types of fitness & exercise routines including yoga, Pilates and any floor exercise where additional cushion and support is appreciated. Our Yoga mats make for the ideal all-purpose fitness mat in the studio or at home, always protecting your knees and joints.

### FEATURES

- **MATERIAL:**

**EVA:** Ethylene Vinyl Acetate

**ESR:** Ethylene Vinyl Acetate & Synthetic Rubber

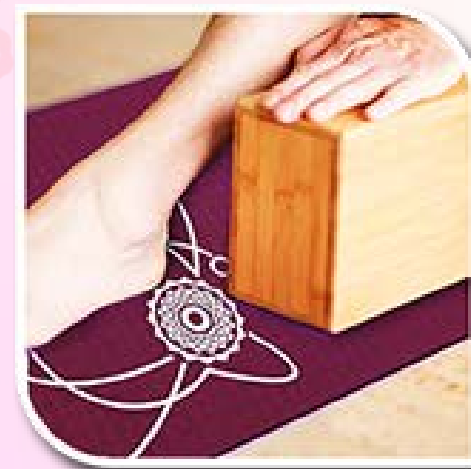
**TPE:** Thermoplastic elastomers

- **PORTABLE:**

Carry Your Mat To Gym Or Any Outdoor Event

- **NON-SLIP SURFACE**

Good Floor Grip- Strong Base For Yoga.



**We unveil the best yoga mats in the market**

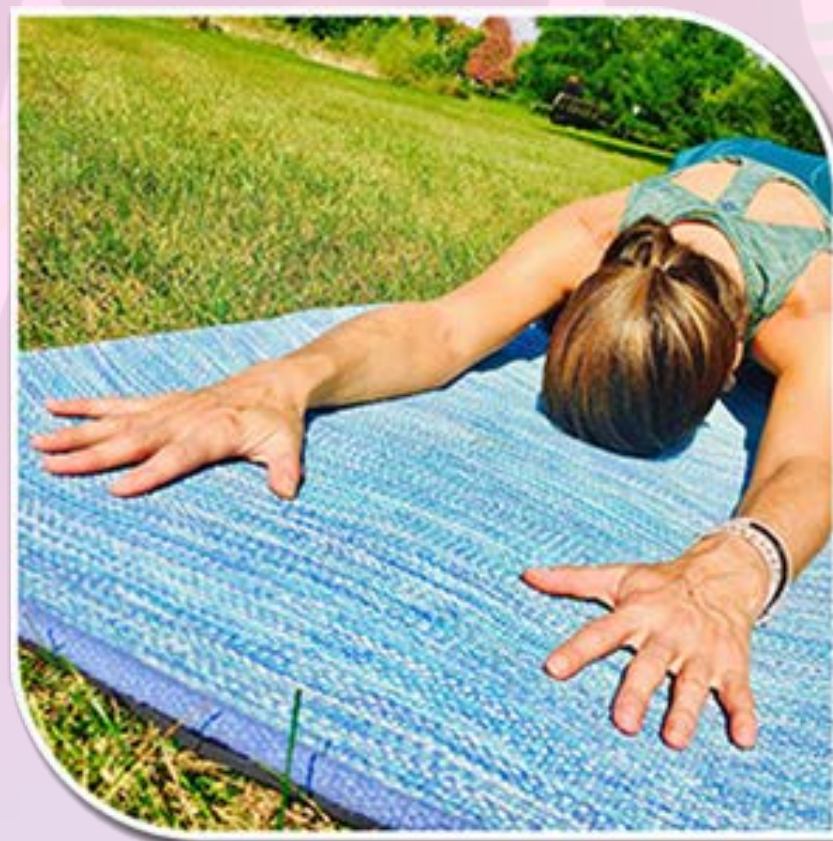


## COTTON YOGA MAT

Relax and experience the asanas on a natural cotton mat woven by hand in India near the birthplace of yoga. Easy to wash and maintain, feel the superior grip when used outdoors or indoors. Indian yogis suggest cotton, a natural material, allows subtle energy currents to descend from the crown of the head to earth in the practice of yoga.

### FEATURES

- **100% NATURAL COTTON**  
Yoga Mat
- **ECO-FRIENDLY**
- **HANDMADE**



### BENEFITS

- **Improves Balance**  
During Exercise
- **Provides comfort & stability**
- **Better Grip**



Yoga mat will give you peace of mind that you're safe while keeping fit



## SUEDE YOGA MAT

As a healthy lifestyle, yoga is loved by more and more people. Now, an environment-friendly, comfortable and personalized yoga mat comes into being-which is our Grip Suede Yoga Mats. This yoga mat is the perfect combination of soft suede and TPE Specialty resinsigned to grip better with Sweat Absorption.

### FEATURES

- **MATERIAL:**  
Suede & TPE
- **SUPER DURABLE**  
And Colorful design
- **HIGH-DENSITY LIGHTWEIGHT**  
TPE Bottom Layer with Non-Slip Surface



### BENEFITS

- **Improves Balance**  
During Exercise
- **Provides comfort & stability**
- **Better Grip**



We Unveil the Best Suede Yoga Mats in the Market



## JUTE YOGA MAT

This yoga mat is crafted exclusively to offer a boost to your sheer dedication towards yoga & workouts. It is crafted from natural jute upper and non-slip surface bottom to give you the best experience & uninterrupted workout sessions. The addition of jute adds anti-microbial properties to keep the mat fresh for longer. It also gives you the perfect non-slip grip for your asanas.

### FEATURES

- **MATERIAL:**  
Jute & TPE
- **LIGHTWEIGHT**  
And Static-Free
- **SUPERIOR GRIP**  
Ultra stability while You Practice  
Yoga



### BENEFITS

- **Improves Balance**  
During Exercise
- **Provides comfort & stability**
- **Better Grip**



**We Unveil the Best Yoga Mats in the Market**





## YOGA BELTS

We could all use a little help to go deeper into postures and stretch our body and let a belt help you get there. Improve your range of motion, alleviate muscle tightness and improve postures with our multi color grip yoga belts.

### FEATURES

- **LONGER BELT**  
To Deepen Stretches
- **EASY GRIP**  
Easy and Comfortable to Hold in Hand
- **FLEXIBLE BELT**  
Helps to go Deeper into Postures & Stretches



### BENEFITS

- **Improves Balance**  
During Exercise
- **Provides comfort & stability**
- **Better Grip**

We Unveil the Best Yoga Belts in the Market



## YOGA BAGS

Luvottica presents best of all this large yoga bag is big enough to fit most yoga mats. Adjustable shoulder strap. Your yoga mats stay fresh and so does your stuff! Protects and extends the life of your Very Comfortable to Carry. Mode of a Lightweight Material, including A Netted Mesh Area, These bags allow your mat to breathe and dry.

### FEATURES

- **LIGHTWEIGHT**  
And Portable
- **ADJUSTABLE STRAP**  
For Easy Carrying
- **MESH CENTRE**  
For Odour Prevention



We Unveil the Best Yoga Belts in the Market



## YOGA KIT BAGS

The Luvottica Yoga Kit bag is designed to take a full range of your yoga equipment, the bag will easily accommodate Bricks. Mat, Belt, Yoga Dress, Water Bottle etc. It's long handles mean the bag can be carried by hand, over the shoulder or like a rucksack. The bag is also more than suitable for those wishing to carry a mat, towel & practice wear to the gym. Two external stash pockets let you keep your keys, phone, money and other personal items out of sight and readily accessible.

### FEATURES

- **FINISHED PRINTED**  
And Embroidery Design
- **LONG HANDLES**  
For Easy Carrying
- **TWO EXTERNAL**  
Stash Pockets



**Your Handy instrument to take a Full Range of Your Yoga Equipments**



## CORK YOGA BLOCK

Our Cork Yoga Brick is a great option for those who do not feel flexible enough to complete some yoga poses. These bricks can also be used to extend the stretch of some poses for advanced yogis. Great texture comfortable and pliable, these bricks provide optimal grip and traction. They are made from all-natural materials. Rounded edges for extra comfort

### FEATURES

- **TEXTURED**  
Cork Surface
- **NATURALLY**  
Antimicrobial
- **ECO-FRIENDLY**  
And Easily Recyclable



### BENEFITS

- **Helps to Improves Balance**
- **Increase Your Reach And Flexibility**
- **Supports Your Body During Different Poses**



**Improve Your Stretch, Challenge yourself to stretch deeper during yoga**



## RUBBERIZED YOGA BRICK

Luvottica Rubberized Bricks are made from High-Density Non-Toxic Rubber. Our bricks have beveled edges all around for maximum comfort and grip. The stability of our blocks will last the test of time. Luvottica Rubberized Bricks are light enough to carry to the studio & class or for travel.

### FEATURES

- **ECO-FRIENDLY & ODORLESS**  
No nasty smell even when new with our brick
- **SLIP-RESISTANT**  
Surface help ensure a secure hold
- **DURABLE**  
Rubberized material for long-lasting performance



### BENEFITS

- **Helps to Improves Balance**
- **Increase Your Reach And Flexibility**
- **Supports Your Body During Different Poses**

Your Ideal partner to enhance your yoga or other exercise sessions

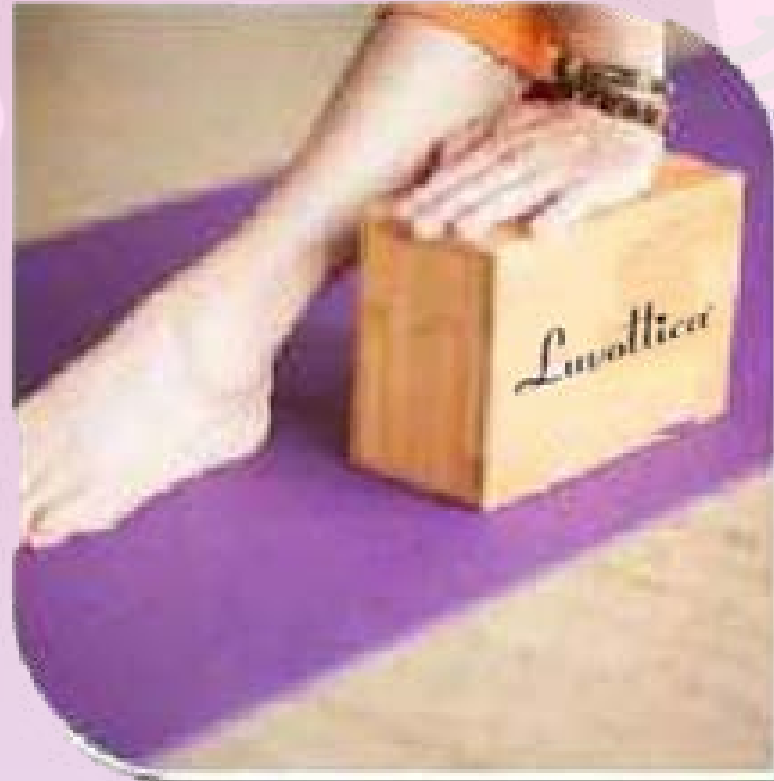


## WOODEN YOGA BLOCK

Luvottica Wooden Bricks are one of the original props designed for lyengar yoga. Balance yourself naturally with the Luvottica Wooden Yoga Bricks. Great for stability and improving your posture and alignment. This natural wood brick has a nice natural color & wooden crafted.

### FEATURES

- **ECO-FRIENDLY**
- **SLIP-RESISTANT**  
To Ensure Stability
- **LIGHTWEIGHT**  
With A Smooth Finish



### BENEFITS

- **Helps to Improves Balance**
- **Increase Your Reach And Flexibility**
- **Supports Your Body During Different Poses**



**Your Ideal Partner to Enhance your Yoga or Other Exercise Sessions**



## QUARTER ROUND WOODEN YOGA BLOCK

Luvottica Wooden Quarter Round Block are one of the original props designed for lyengar yoga. Balance yourself naturally with the quarter round yoga block. Great for stability and improving your posture and alignment. This natural wood brick has a nice natural color & wooden crafted.

### FEATURES

- **ECO-FRIENDLY**
- **SLIP-RESISTANT**  
To Ensure Stability
- **LIGHTWEIGHT**  
With A Smooth Finish



### BENEFITS

- **Helps to Improves Balance**
- **Increase Your Reach And Flexibility**
- **Supports Your Body During Different Poses**



Your Ideal Partner to Enhance your Yoga or Other Exercise Sessions



## CORK YOGA ROLLER

The Luvottica Cork Yoga Roller is perfect for larger muscle groups like quads, glutes, hamstrings, calves & thoracic spine. The Cork Roller is more intense than regular rollers due to its smaller diameter and firm material. It covers more surface area for fast relief of aches and pains. Cork roller has a lower profile and is firmer, meaning it can be easier to use under calves, quads and adductors, unlike high profile foam types.

### FEATURES

- **NATURAL**  
Cork
- **DURABLE**  
And Strong
- **LIGHTWEIGHT**  
And Use it Anywhere

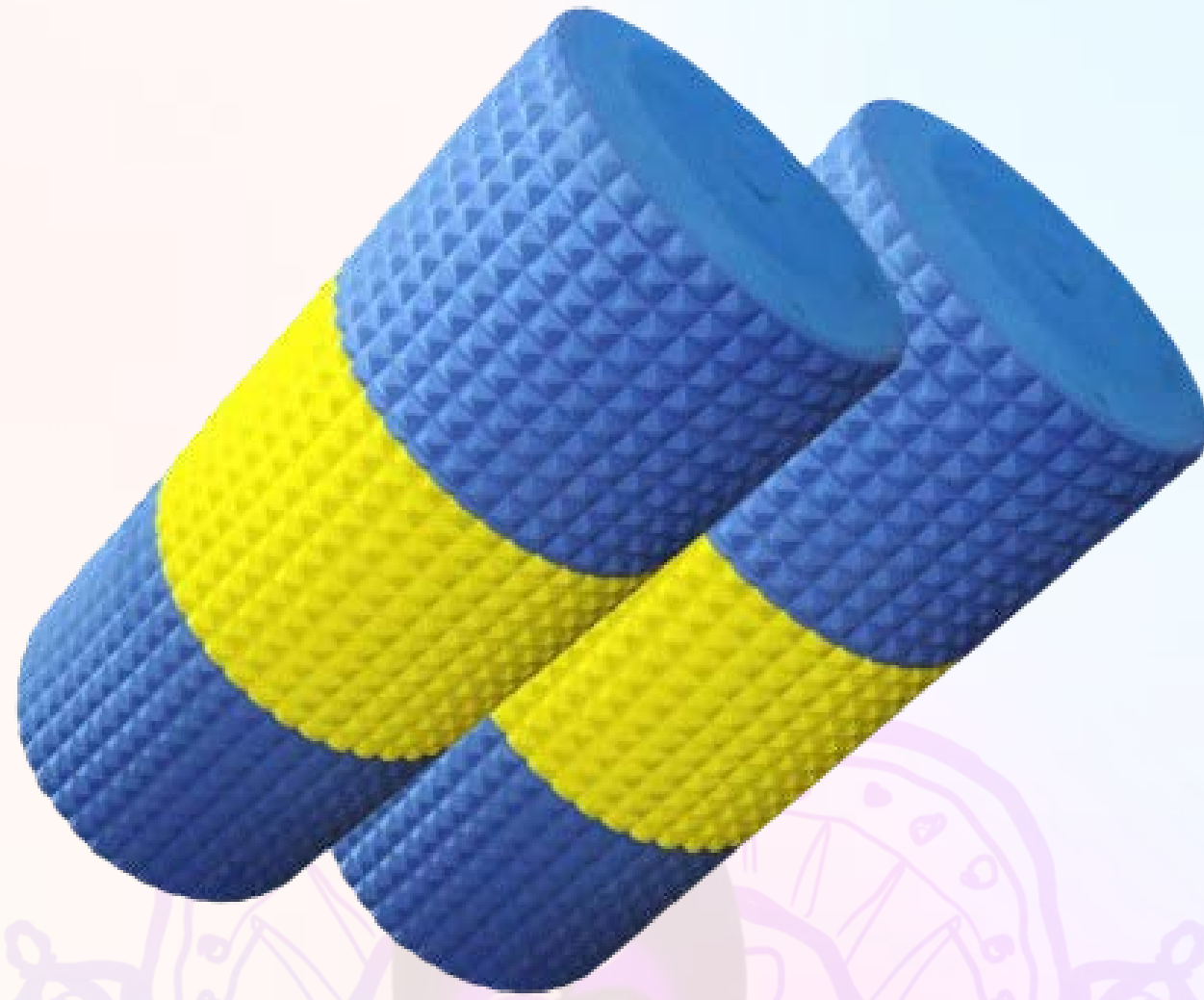


### BENEFITS

- **Helps to Improves Balance**
- **Increase Your Reach And Flexibility**
- **Supports Your Body During Different Poses**

**Relieve Tension & Stiffness Naturally by Muscle rolling**





## ACUPRESSURE ROLLER

Luvottica Acupressure roller for fitness and gym exercises. These foam rollers are ideal for self message & balance training with great build quality to withstand wear & tear, with Spikes surface which is soft to touch knobs for added comfort. Great for lower body as it helps to alleviate soft tissue tightness of legs, lower back, glutes & hamstrings. The Accupressurc Roller stretches muscles and tendons providing relief - increase blood flow circulation to the soft tissues.

### FEATURES

- **INCREASE BLOOD CIRCULATION**  
In Several Regions Of The Body
- **HIGH QUALITY**  
Foam Material
- **STRONG & DURABLE**  
Use Without Significant  
Deterioration

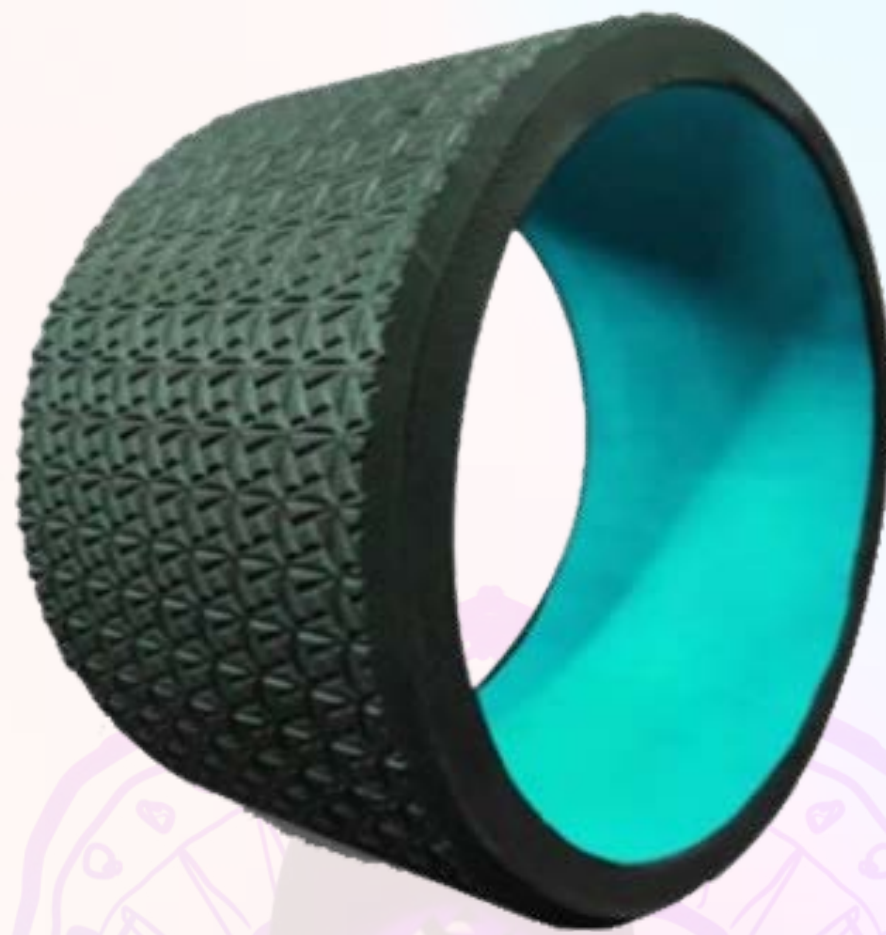


### BENEFITS

- **Reduced Blood Circulation**
- **Better Mood**
- **Improved Sleep**



**Relieve Tension & Stiffness Naturally by Muscle rolling**



## YOGA WHEEL

Luvottica Yoga Wheel add well-rounded support to your yoga routine. Made from the same material as our premium yoga mats, the wheel gives you non-slip cushioning. Ideal for both beginners and experts, it helps you move safely into backbends or other challenging core-enhancing balance poses

### FEATURES

- **MOST STYLISH**  
Wheel
- **DURABLE**  
And Strong
- **PREMIUM QUALITY**



### BENEFITS

- **Helps to Improves Balance**
- **Increase Your Reach And Flexibility**
- **Supports Your Body During Different Poses**



**Deepen Your Stretches, Increase Your Flexibility with Our Yoga Wheel**



## TRATAKA STAND

The Trataka stand is a unique candle holder recommended for the convenient practice of trataka. The easy adjusting mechanism ensures that you can maintain the height of the candle flame at the horizontal eye level in every session quite easily. While the minimalistic contours make the stand very appealing, the rounded edges make the tool safe to use and store its own beauty to this wonderful tool for practicing concentration.

### FEATURES

- **WOODEN/ STAINLESS STEEL** Stand
- **DECORATIVE FINISH** Will Adorn Your Yoga
- **PREMIUM QUALITY**



### BENEFITS

- **Keeps Eyes Healthy**
- **Relieves Nervous Tension, Anxiety & Depression**
- **Enhance Self- Confidence, Patience & Willpower**



**Trataka Stand Helps to Overcome Mental, Behavioral and Emotional Ailments**



## ZAFU CUSHION

This Zafu Meditation Cushion will bring a soft touch and comfort to your practice. Designed to improve your position during meditation by stacking your spine while relieving pressure from your knees, ankles, and back. Filled with buckwheat hulls that gently conform to your body's shape and a removable microfiber cover with an easy-to-carry handle.

### FEATURES

- **BUCKWHEAT HULLS FILL**  
Can Add or Remove Buckwheat Fill
- **COMFORTABLE**  
Comfort to Your Meditation Practice
- **PRINTED FABRICS**  
Ideal for Relaxation, Meditation and Yoga



Great for yoga practitioners alike yoga poses, meditation etc

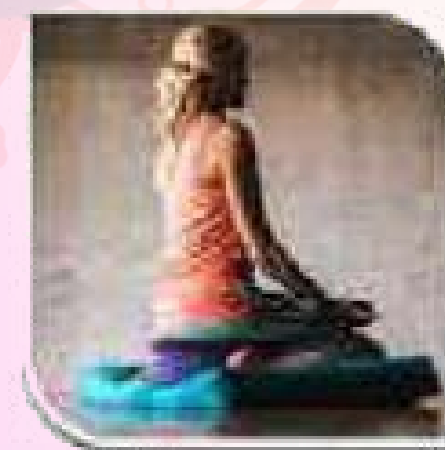
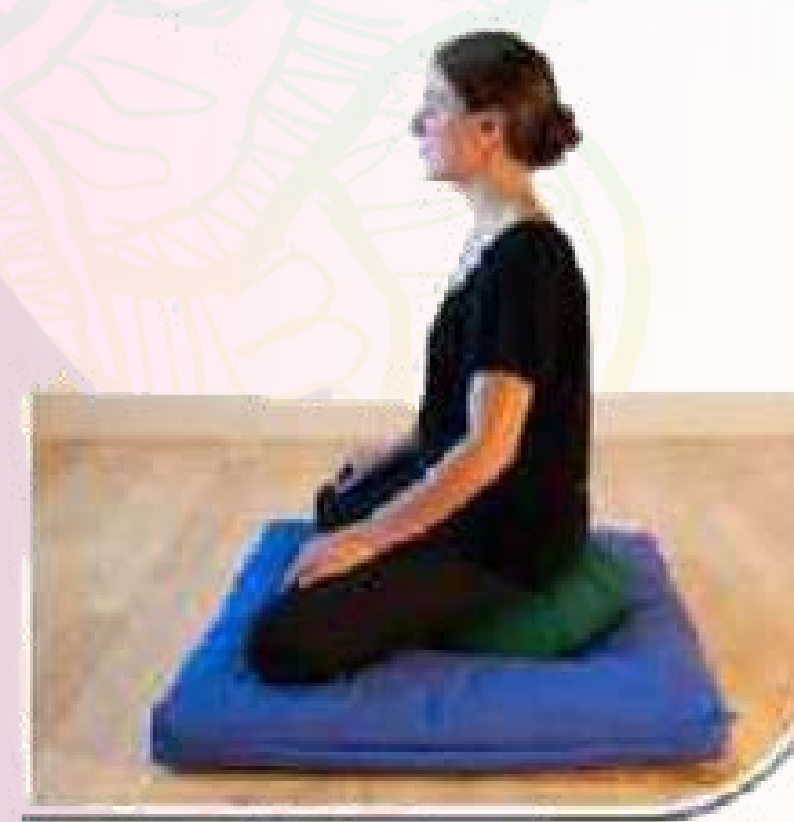


## ZABUTON

Luvottica Meditation Zabuton is the perfect companion to your Zafu, Heart-Shaped Cushion, and Meditation Bench. This mini-futon cushions your knees & ankles for added comfort in seated and kneeling postures. It is filled with cotton and covered in our signature upholstery-grade fabrics.

### FEATURES

- **COMBINATION WITH CUSHION**  
Can Use in Combination with Cushion
- **SHOULDER STAND SUPPORT**  
It Can Be Used As Shoulder Stand Support
- **PRINTED FABRICS**  
Ideal for Relaxation, Meditation and Yoga



**We Unveil the Best Zabuton In the Market**



## CRESCENT CUSHION

Mark your meditation time with love using our heart-shaped meditation cushion. It gives you a base of support wide enough to tuck your ankles close to your body while maintaining proper positioning for deeper breathing. A zipper lets you add or remove filling to adjust the cushion to your ideal comfort level. And it doubles as support to help you deepen your meditation stretches

### FEATURES

- **HIDDEN ZIPPER**  
To Add or Remove Filling
- **SUPPORTS POSITIONING**  
For Deeper Breathing
- **PRINTED FABRICS**  
Ideal for Relaxation, Meditation and Yoga



**Great for Yoga Practitioners alike yoga poses, meditation etc**

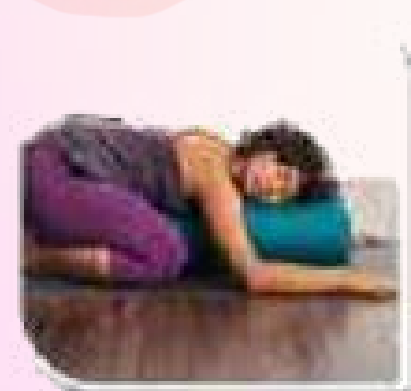


## YOGA BOLSTER

Our bolsters have been the industry standard in performance & quality. They combine just the right amount of inner strength and stability with a comfy, soft surface that will give you years of unsurpassed service. The Round Bolster is a great size to place under your knees in Savasana or across your lap in a Seated Forward Bend.

### FEATURES

- **ROUND PROFILES CREATES SOFT SUPPORT**  
Act As Pain Reliever For You
- **DURABLE AND LONG LASTING**  
Made of Premium Quality Cotton Material
- **PRINTED FABRICS**  
Ideal for Relaxation, Meditation and Yoga



**Act as Pain believer for You and Gives a Comfortable Sleep**

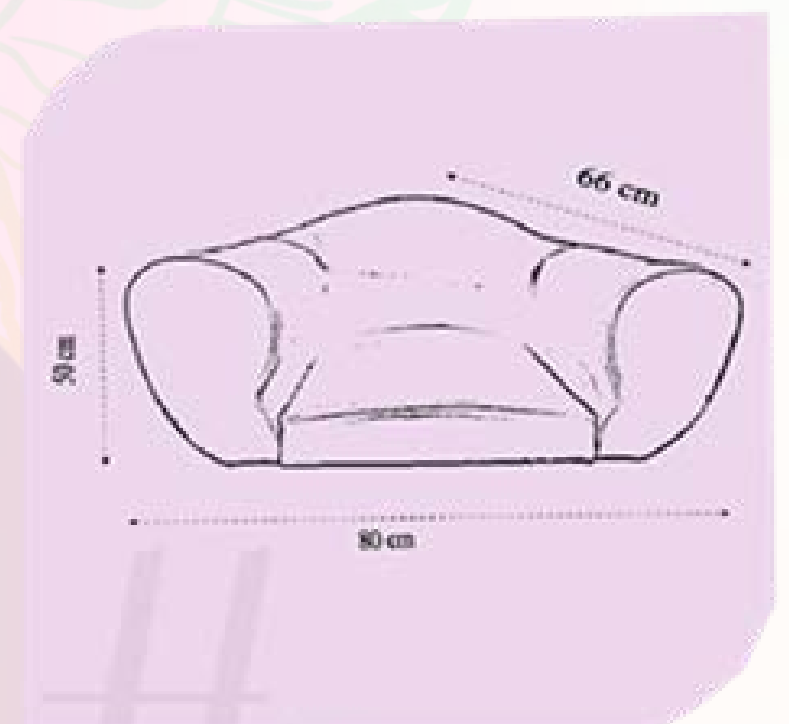


## MEDITATION (DHYANAM) SEAT

Dhyanam (Meditation) seat is handcrafted beautifully and unique of its kind, which helps to meditate with concentration for longer time. While seated it enables you correct posture for meditation and also keeps your ischium, lower column, knees and feet's in ease and comfort all the time so that you can meditate with peace of mind

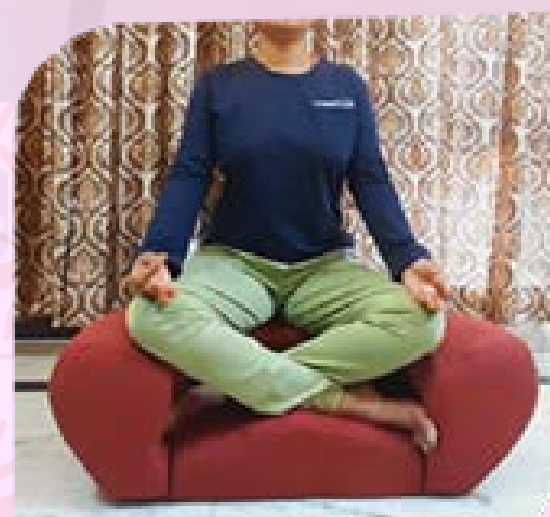
### FEATURES

- PREMIUM QUALITY FABRIC
- DURABLE AND LONG LASTING
- LIGHT WEIGHT AND EASY TO MOVE ANYWHERE



### BENEFITS

- PERFECT SOLUTION  
For People Who Finds Difficulty To Sit On Plain Floor
- IDEAL  
For Old Age And Disabled Persons



Act as Pain believer for you and provides comfortable while meditate





## SHIRSH ASANA STAND

Luvottica's Shirsh Asana Stand is an innovative inversion aid enables you to hold a safe and stable headstand posture without any pressure on the neck and spine. Shirsh asana has proven benefits e.g. Calms the brain and helps relieve stress and mild depression, Stimulates the pituitary and pineal glands, Strengthens the arms, legs, and spine, Strengthens the lungs, Tones the abdominal organs, Improves digestion, Helps relieve the symptoms of menopause, Therapeutic for asthma, infertility, insomnia, sinusitis, improves hair fall and many more

### FEATURES

- **MADE FROM STAINLESS STEEL**
- **DURABLE AND LONG LASTING**
- **LIGHT WEIGHT AND EASY TO MOVE ANYWHERE**



### BENEFITS

- **HELPS**  
To perform different shirsh asana postures
- **IDEAL**  
For Beginners & Experienced Practitioners



**Ideal for home, meditation and yoga centres**



## CURVED MEDITATION STOOL

Luvottica's Curved wooden meditation seiza bench is research based design for the purpose of meditation in outdoor and indoor both. Seiza bench makes you stable, straight and comfortable while meditate. You can perform longer duration of meditation to heal your body and soul. While sitting on this seiza bench there is no pressure of knees, ankle, hips and legs on your body and mind. You feel free and comfortable to concentrate only on your mediation session

### FEATURES

- **MADE FROM**  
Finest quality, solid, natural & durable wood
- **NATURAL FINISH**
- **LIGHT WEIGHT AND EASY TO MOVE ANYWHERE**



### BENEFITS

- **HELPS**  
to meditate for longer time
- **ENABLES**  
deeper abdominal breathing oxygen
- **PROVIDE**  
comfort and less stress on your joints



**Suitable for all Beginners and Professionals of all Ages**



## FOLDABLE SEIZA BENCH

Luvottica's portable and folding wooden meditation seiza bench is research based design for the purpose of meditation in outdoor and indoor both. Seiza bench makes you stable, straight and comfortable while meditate. You can perform longer duration of meditation to heal your body and soul. While sitting on this seiza bench there is no pressure of knees, ankle, hips and legs on your body and mind. You feel free and comfortable to concentrate only on your mediation session

### FEATURES

- **MADE FROM**  
Finest quality, solid, natural & durable wood
- **NATURAL FINISH**
- **LIGHT WEIGHT AND EASY TO MOVE ANYWHERE**



### BENEFITS

- **HELPS**  
to meditate for longer time
- **ENABLES**  
deeper abdominal breathing oxygen
- **PROVIDE**  
comfort and less stress on your joints



**Suitable for all Beginners and Professionals of all Ages**



## VIPARITA DANDASANA BENCH

Luvottica's Viparita Dandasana Bench is a unique, scientific and elegant design multipurpose yoga props. This back bender and stretcher supports stretching and extreme restorative yoga asana. It's a magical yoga props spinal traction and back relaxation for healthy living, regular use shapes your body in perfect tone. Apart from that regular practicing will helps to get rid of any excess fat around your belly. It also makes your body more flexible and improves your core stability. Your body also develops a sense of balance.

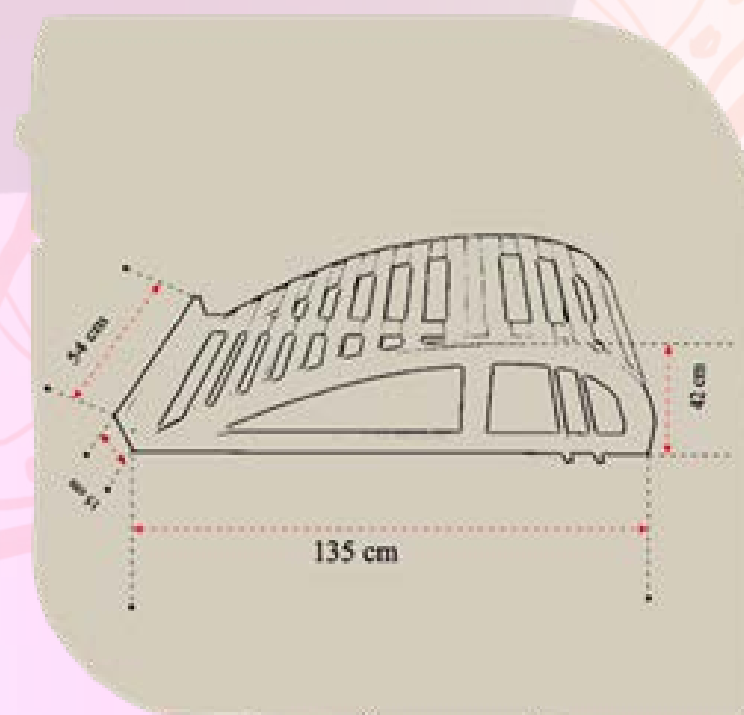
### FEATURES

- **MADE FROM**  
Finest quality, solid, natural & durable wood
- **NATURAL FINISH**
- **LIGHT WEIGHT AND EASY TO MOVE ANYWHERE**



### BENEFITS

- **HELPS**  
To perform back bending, forward bending & extreme yoga asana posture
- **IDEALS**  
For beginners, practitioners both
- **PROVIDE**  
comfort and less stress on your joints



**Square bracket and 2 extra wooden bars to hold the palms and feet's while performing EK PAD and DWI PAD Viparita Dandasana**



## YOGA CHAIR

A yoga chair is a versatile piece of equipment commonly used in yoga practice to assist practitioners in achieving proper alignment, balance and support during various yoga poses. It is designed to provide stability and support for practitioners during their yoga practice. It is designed to provide stability and support for practitioners during their yoga practice.

### FEATURES

- **STRONG & DURABLE**  
Material
- **QUALITY MATERIAL**  
Yoga Chair
- **FINEST FINISHING**  
At Every Edge



### BENEFITS

- **Sturdy** construction
- **Non-Slip** surface
- **Enhanced** your alignments

Can be used by any level of student to learn & deepen your yoga poses



## ACUPRESSURE MAT & PILLOW

There really is healing in stillness-especially when you're lying on hundreds of acupressure points. Our acupressure mat and pillow set does the healing work for you. Simply lie down on your back (start with 10 minutes a day, working up to 30) and each spike-like node puts pinpointed pressure on your back, neck, and head to stimulate blood flow throughout the body, melting away aches, pains, and soreness

### FEATURES

- **PRESSURE POINT NODES**  
Mat with hundreds of pressure-point nodes
- **RELAXATION**  
Aids in relaxation, pain relief
- **CIRCULATION**  
Increases Body circulation



### BENEFITS

- **IMPROVES**  
Blood circulation
- **PROMOTES**  
Better Sleep
- **RELIEVES**  
Aches and Pains



Great for yoga practitioners alike yoga poses & meditation etc



## ACUPRESSURE BALL

The Acupressure Ball is an alternative therapy you can easily do at home. It is a massage tool that aids in muscle relaxation. It provides pressure to different points of the body, particularly in areas on the hands, feet, legs, shoulders, and neck. It is affordable and portable. You can use them anytime and anywhere. It comes in various options: It can be soft, hard, or with spikes. Regardless of which option you take, they all have similar goals and usage.

### FEATURES

- **MATERIAL**  
WOODEN
- **ROUNDED-OFF**  
Edges Ball
- **PREMIUM QUALITY**  
Acupressure Ball



### BENEFITS

- **Improve** blood circulation
- **Prevents** your body to catch disease
- **Relaxing** muscles and reducing tension
- **Best** for middle part of palm & finger relaxation



**Your handy instrument for health care**

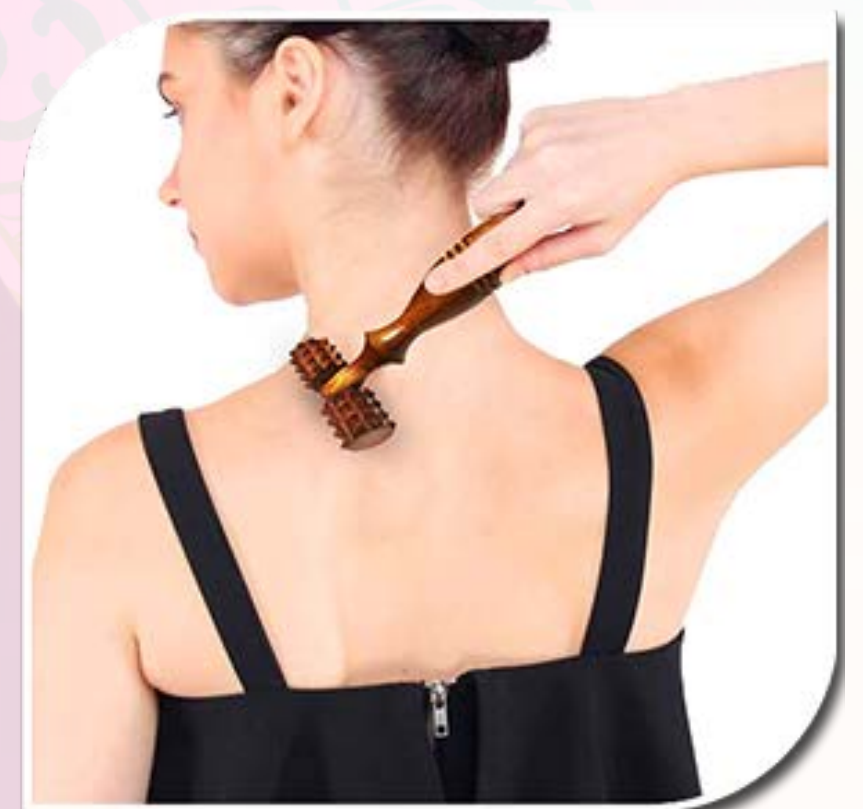


## WOODEN ACUPRESSURE ROLLER

Luvottica wooden acupressure roller is mainly used for full body massage and helps in maintaining blood pressure. Crafted from the quality wooden which makes it long-lasting for years. It smoothly on your body and it will improves your blood circulation and remove blockage if there is any

### FEATURES

- **HIGH QUALITY**  
Wooden Acupressure Roller
- **ERGONOMICALLY DESIGN**  
Comfortable & Effective For People Who Use It
- **DURABLE & LONG LASTING**  
Use Without Significant Deterioration



### BENEFITS

- **Increase** Blood Circulation
- **Improves** Flexibility
- **Complete** Relief Pain

**Speeds up muscle recovery, improves blood circulation & releases knot blocks**





## WOODEN MASSAGE ROLLER

Luvottica Wooden Massage Roller made from high quality material for durable and long lasting use. Ergonomically designed massage tool, can be used to massage any part of the body. Promote blood circulation, eliminate excess fat, eliminate edema, help you get smooth, firming, resilient skin

### FEATURES

- **HIGH QUALITY**  
Wooden Massage Roller
- **ERGONOMICALLY DESIGN**  
Comfortable & Effective For People Who Use It
- **DURABLE & LONG LASTING**  
Use Without Significant Deterioration



### BENEFITS

- **Handmade** Massager
- **Relax & Restore** Energy
- **Bring Instant** Refreshment

**Speeds up muscle recovery, improves blood circulation & releases knot blocks**



## WOODEN MASSAGE ROLLER (MEDIUM)

Luvottica Wooden Massage Roller made from high quality material for durable and long lasting use. Ergonomically designed massage tool, can be used to massage any part of the body. Promote blood circulation, eliminate excess fat, eliminate edema, help you get smooth, firming, resilient skin

### FEATURES

- **HIGH QUALITY**  
Wooden Massage Roller
- **ERGONOMICALLY DESIGN**  
Comfortable & Effective For People Who Use It
- **DURABLE & LONG LASTING**  
Use Without Significant Deterioration

### BENEFITS

- **Increase** Blood Circulation
- **Improves** Flexibility
- **Complete** Relief Pain



**Speeds up muscle recovery, improves blood circulation & releases knot blocks**



## LUVOTTICA YOGA HAMMOCK WITH HANDLES

Luvottica yoga hammock, also known as an aerial yoga hammock comes with handles, is a specialized piece of equipment used in aerial yoga practices. It combines the benefits of traditional yoga with elements of acrobatics and aerial arts. This versatile prop allows practitioners to perform a wide range of poses, inversions, and stretches while being supported by the fabric.

### FEATURES

- **GREAT ELASTICITY**  
For Better Stretching During Yoga
- **ANTI-SLIP HANDLES**  
Gives Better Grip
- **EASY TO INSTALL**  
While Using



### BENEFITS

- **HELPS**  
to decompress the spine, increases core strength
- **GREAT**  
for Back Sufferers
- **HELPS**  
with Breathing



**High-quality and durable aerial hammocks are the best gear for relaxation and conditioning physiological balance**



## JALNETI POT

Luvottica Jala Neti Made from Ceramic, Steel and Copper, A Neti pot is usually small and has a long spout on one side, which is small enough to be inserted gently into one of the nostrils during the process. Luvottica JalNeti helps nature to eliminate foreign bodies in the nasal passage & in the mucus. Excellent against sinusitis, pollution problems, prevents colds and keeps the olfactory nerve healthy.

### FEATURES

- **REDUCES STRESS**  
Gives Your Mind Peace
- **HYGIENIC & NATURAL**  
Environmental Friendly
- **DURABLE & LAST LONG**  
Use Without Significant Deterioration



### BENEFITS

- **IT COOLS & SOOTHES**  
The brain by drawing out excessive heat
- **Excellent**  
For those trying who try to quit smoking
- **HELPS**  
In draining the sinus cavities



**Nasal Cleansing using a saline solution as part of regular regimen of health & wellness**



# Luvottica<sup>TM</sup>

## A House of Wellness Products



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